

PE LTP 2025- 2026

Where only one IPEP unit has been assigned to a half term use the other half to do physical activity sessions. (See resources saved on Team 'Physical Activity Sessions').

<u>Year Group</u>	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Y1 – Cycle A	IPEP – Dance jungle animals	IPEP Ball Control Invasion	IPEP Partner Games Strike and Field	IPEP Gym Position and Direction	IPEP Running and Jumping (Athletics)	IPEP – Creative Play (Outdoor Adventure)
Y2 – Cycle B	IPEP Gym Balance and Coordination	IPEP Kicking and Dribbling	IPEP Movements (Athletics)	IPEP Group Games (Strike and Field) Dance –	IPEP Dance animals (dangerous)	IPEP Rule Making (Outdoor Adventure)
Y3 – Cycle A	IPEP Symmetrical Shapes	Swimming IPEP Being an Athlete (Athletics)	Swimming IPEP Striking and Fielding	IPEP Dance Bollywood Style	IPEP Dribbling to Invade (Football and Hockey)	IPEP Thinking Aloud (Outdoor Adventure)

Y4 – Cycle B	Swimming IPEP Record Breaking (Athletics)	IPEP Gym – What’s my direction	IPEP – Dance Science Electricity	IPEP – Fielding (Strike and Field)	IPEP Dribbling and Movement (Hockey and Football)	IPEP Decisions (Outdoor Adventure)
Y5 – Cycle A	IPEP Dance Rock and Roll	IPEP Gym Travelling and turning	IPEP Exploring striking and fielding	IPEP Invasion in a team (Ball skills)	IPEP Gym Abstract Angles	IPEP Leadership (Outdoor Adventure)
Y6 – Cycle B	IPEP Invasion Competitive	IPEP Gym – Perfecting in which quadrant	IPEP Striking and Fielding Teamwork	IPEP - Rounders	IPEP Dance Street Dance	IPEP Finding Success (Outdoor Adventure)