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Learning Outcomes

By the end of the topic, you should:

- Know ways to keep yourself and others safe
- Be able to recognise risky situations
- Be able to identify trusted adults around you
- Understand the differences between safe and risky choices

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Keeping Safe

Throughout this module, we've looked at keeping safe in the home and community and the types of things we need to keep safe from.

Now we're going to look closer at the people that keep us safe and how we can help them to do so.

3

Activity time!

Complete the activity in one colour pen or pencil

4

Here are some ideas!

Are they the same as yours?

Teacher

Police Officer

Doctor

More ideas →

5

Here are some other ideas!

Can you think of any more?

Parents or carers

Lollipop lady or man

Firefighters

Friends

PCSOs

Aunties and uncles

Grandparents

Paramedics

Cousins

Lifeguards

Nurses

Siblings

6

Discussion time

As a class, small group, or in pairs, discuss the following:

How can we help these people to keep us safe?

7

Here is an idea!

By listening to them

More ideas

8

Here are some other ideas!

Can you think of any more?

By following rules

Looking out for safety signs

Not rushing around

Crossing roads safely

9

Discussion time

As a class, small group, or in pairs, discuss the following:

Should we trust everyone we know?

Should we only be careful of strangers?

Who could we talk to if we were worried about someone we had just met?

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Staying Safe

We're now going to watch a video about two sisters called Lucy and Scarlett.

In the video, the girls will need to decide whether they should go with someone they do not know very well.

Together, let's help them make a good decision.

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Watch the video clip!

Let's watch the *Staying Safe* video.

Before we make our decision, we will return to this lesson guide to discuss what is happening.

Note to teacher: minimise this lesson guide and play the video from the module screen.

Hey girls, there's no need to run,

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Discussion time

Now that you've watched the first part of the video, as a class, small group, or in pairs, discuss the following:

- What is happening in the clip?
- Do you think Lucy and Scarlett are at risk?
- How can Lucy and Scarlett stay safe?
- What do you think Lucy and Scarlett are thinking and feeling?

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Decision time!

Return to the video to make your decision.

What choice do you think the characters should make?

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Discussion time - Safe Choice

As a class, small group, or in pairs, discuss the following:

- Why did Lucy and Scarlett make this decision?
- Is it possible that Mum did send the lady to collect them?
- If Mum needed to send someone new to collect the girls, should she have called the school first?
- What action should the sisters take now?

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Discussion time - Risky Choice

As a class, small group, or in pairs, discuss the following:

- How could Lucy and Scarlett confirm whether Mum had arranged for the lady to pick them up?
- Are the girls putting themselves at risk?
- What might Amy and Daisy be thinking?
- What should Amy and Daisy do next?

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Did you make the best choice for all the characters?

More activities

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What do you think happened next?

As a class, small group, or in pairs, discuss what may have happened next.

Could this have been a mis-understanding?

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Discussion time

As a class, small group, or in pairs, discuss the following:

If we find ourselves in a position where somebody is pressuring us to do something which feels unsafe, what could we do?

Ideas →





19

Here is an idea!

Pay attention to how you feel.

Could we experience different feelings in our bodies?

What might a 'gut feeling' feel like?

If we felt this way, what could we do?

More ideas →




20

Here are some other ideas!

Can you think of any more?

Make an excuse to leave

Speak to a trusted adult before you make a decision

Arrange a secret code with your parent or carer

Try to suggest a different activity



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Discussion time

On the previous slide, one of the ideas was to arrange a secret code with your parent or carer.

Sometimes secrets can help us keep safe but what if someone asked us to keep a secret which didn't feel good?




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Discussion time

Sometimes we may want to keep a secret private. However, there are good and bad secrets.

Good secrets: Surprise party, a gift etc.

Bad secrets: Someone tells you to keep quiet about something that makes you feel sad or uncomfortable.

Remember, if it feels wrong, tell a trusted adult.




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What Should They Do?

Read the following statements and decide what the children should do in each situation.

You can complete this activity as a class, small group, or in pairs.

Activity →





24

What should Freddie do?

Freddie has gone to the sweet shop with his friend.

The shopkeeper tells Freddie that he has some new sweets for him to try in his office.



25

What should Matteo do?

Matteo has just met a lady at the park who has a very cute dog.

She explains to Matteo that she has lots of puppies in her house and invites him to see them.



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What should Rochelle do?

Rochelle is waiting outside the school gates to be picked up.

A neighbour she does not know very well pulls up in his car, he tells Rochelle that he has been sent to get her.



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What should Jamal do?

Jamal is at a friend's house and his Dad says he is going to take Jamal and his friend to the cinema.

Jamal's Mum has called to tell him that she is happy for him to go.



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What should Angelika do?

Angelika is at a birthday party; her Dad calls to tell her that he is working late and Auntie Jane will be picking her up.

Auntie Jane arrives to collect Angelika.



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What should Alyssa do?

Alyssa is getting changed after swimming. Her brother has wandered off, and she thinks her carer is still in the shower.

Suddenly, a lady grabs Alyssa's hand and says her carer is waiting outside.



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Did you choose carefully?

To make sure that we are always safe, we can think carefully before we decide to go with someone we don't know very well.

Let's create a safety poster to warn younger children how to stay safe!

Activity →

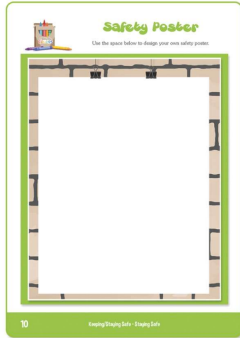




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Activity time!

Complete the activity



32

Return to the activity!

Is there anything you'd like to change?

(Make changes in a different colour to highlight your learning)



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Ask Me a Question

Let's recap on our learning from today:

- Should we trust everyone we know?
- Who could we talk to if we were worried about someone we had just met?



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A Message From Deedee

Even when we are little, we may find ourselves in situations where we must make important decisions.

Remember to always ask a trusted adult before you go off with someone you don't know very well.

Stay safe everyone!

love Deedee x





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Great work everyone!

Well done, you have finished the Staying Safe topic!

You may wish to complete the extension activities.

→



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Extension Activity

Individually, create your own set of permission slips.

Who should you ask before you go to a friend's house?

Who do you need permission from to go off with someone you don't know very well?



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Topic complete

Great work everyone!



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