



1

Learning Outcomes
By the end of the topic, you should:

- recognise why we should take action when someone is being unkind
- describe caring and considerate behaviour, including the importance of looking out for others
- demonstrate why it is important to behave in an appropriate and responsible way
- identify how making some choices can impact others' lives in a negative way

2

Discussion time

How can we help others?

Let's complete our first activity

3

Activity time!
Complete the activity in one colour pen or pencil

How Can We Help Others?
Fill in the shapes below with ideas on how to help others. (Others has completed the first one for you.)

Helping your parent or carer to unpack the shopping

Are any of the actions or behaviours listed above similar to the ones in your 'How Can We Be Responsible?' worksheet on page 43?

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Share your ideas!

How can we help others?

Thinking about each of your answers, are they kind and considerate actions?

As a class, small group, or in pairs, share your ideas.

5

Watch the video clip!
Let's watch the *Looking Out for Others* video.

Before we make our decision, we will return to this lesson guide to discuss what is happening.

Note to teacher: minimise this lesson guide and play the video from the module screen.

6

Discussion time

Now that you've watched the first part of the video, as a class, small group, or in pairs, discuss the following:

- What is happening in the clip?
- What might Enya be thinking and feeling in this situation?
- What might Amy be thinking and feeling in this situation?
- What decision does Amy need to make?



7

Decision time!

Return to the video to make your decision.

What choice do you think the characters should make?



8

Discussion time - Not the best choice for all

As a class, small group, or in pairs, discuss the following:

- How does Enya feel about the way that Chloe and Jade are treating her?
- What might Amy be thinking and feeling now?
- Why do you think Enya didn't want to tell anyone about Chloe and Jade?
- What might happen next?



9

Discussion time - Best choice for all

As a class, small group, or in pairs, discuss the following:

- Why is it important to stand up to people who are being unkind?
- What might Enya be thinking and feeling now?
- Do you think that telling the Headteacher is a good idea? Why?
- Why is it important to look out for our friends?



10

Did you make the best choice for all the characters?

More activities →



11

Activity time - Hot seating!

As a class, create some questions to ask Amy and Enya, as they are about to make their decision whether to tell a teacher or not.

Hot seat each character in turn, asking them your questions.

When answering these questions, the person in the hot seat should try to imagine how these characters might feel, think, and behave.



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Discussion time

Did this hot seating activity help you see why it is important to consider other people's feelings?

Next activity

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"Every break time, a group of girls are very unkind to the new girl who has recently joined our school. I feel sorry for her and want to help but I don't want the group of girls to start being horrible to me. What should I do?"

Max, aged 11

What advice could you give to Max?

Complete the next activity

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Activity time!

Complete the activity

Dear Darlee (Looking Out For Others)

Max has written to Darlee. Can you help Darlee respond to his letter? What advice would you give to Max?

Dear Darlee,

Every break time, a group of girls are very unkind to the new girl who has recently joined our school. I feel sorry for her and want to help but I don't want the group of girls to start being horrible to me. What should I do?

From Max, aged 11

Dear Max,

15

Discussion time

Did you all have the same answers?

Complete the next activity

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Activity time!

Complete the activity

Looking Out for Others

Place the markers on the continuum line where you think the statements belong. The line has been completed for you.

1 Thinking of ways to help someone who is in trouble

2 Helping someone who is in trouble but not in the classroom

3 Helping someone who is in trouble but not in the classroom

4 Helping a friend who is in trouble but not in the classroom

5 Helping a friend who is in trouble but not in the classroom

6 Helping a friend who is in trouble but not in the classroom

7 Helping a friend who is in trouble but not in the classroom

8 Helping a friend who is in trouble but not in the classroom

9 Helping a friend who is in trouble but not in the classroom

CARING/CONSIDERATE

1

UNCARING/INCONSIDERATE

17

Share your ideas!

Where on the line have you placed each of the statements?

Why did you choose to place them there?

As a class, small group, or in pairs, share your ideas.

18

How else can we look out for others?



19

Are you brave enough to talk about why you think you were unkind?



How can you help someone who is being treated unkindly and is scared to speak out?



Complete the activity



An alien has landed on Earth and he wants to know why humans look out for each other. Write a letter to the alien to explain why.

Dear Allen,

[illegible]

1

(Make changes in a different colour to highlight your learning)

Fill in the shapes below with ideas on how to help others.
Darius has completed the first one for you.

Helping you
parent or car
to unpack th
shopping

Helping your parent or carer to unpack the shopping

Are any of the actions or behaviours listed above similar to the ones on your 'How Can We Be Responsible?' worksheet on page 432?

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1

Ask Me a Question

Let's recap on our learning from today:

- How can we help others?
- If someone is being unkind to you or someone you know, what could you do?

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Great work everyone!

Well done, you have finished the Looking Out for Others topic!

You may wish to complete the extension activities.

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Extension Activity

Reflecting on the video, write a letter using one of the characters below:

- Write a letter from Enya to Chloe and Jade, asking them to stop.
- Write a letter from Amy to the teacher, asking for help.
- Write a letter from Enya to Amy, thanking her for her friendship and supporting her in finding help.

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Topic complete

Great work everyone!

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