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Learning Outcomes
By the end of the topic, you should:

- list the key applications that we may use now and in the future
- know and understand why some applications have age restrictions
- identify ways to keep yourself and others safe in a range of situations online and offline
- recognise that people may not always be who they say they are online

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Discussion time

Now that we're older and may be using the internet more and speaking to new people, how can we ensure that what we see and read online is true and reliable?

Ideas →

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Here are some other ideas!
Can you think of any more?

- Check the source
- Look for more than one trusted site
- Ask 'Why was this made?'
- Only connect with people you know and trust offline

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Discussion time

Some online information is:

- Made up or exaggerated
- Created to sell something
- Designed to influence your opinion

Sometimes the algorithms will keep showing us similar information because we have clicked on something previously.

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Silent Reflection

You may not be using these types of sites and apps now but you may in the future.

On your own and in silence, take a moment to think about the following:

What applications (apps) do you already know of?

For example: YouTube

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Activity time!

Complete the activity in one colour pen or pencil

What's That App?

These icons are for well-known apps and social media sites. How many can you name without checking on a phone or computer? You'll see how many you got right.

Below are some gaming consoles that let you talk to friends online. Can you name them?

74 Source: Getty Images/Photo Bank

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Here are some other ideas!

Can you think of any more?

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Silent Reflection

On your own and in silence, take a moment to think about the following:

What apps, if any, do you currently use?

If you do use any apps, do you think they are age appropriate?

Do you have any online friends? If you do, are there any you have not met in person?

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Making Friends Online

You might not currently use any apps but you may use them when you're older.

If we do have friends online, now or in the future, it is important that we know how to keep safe.

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Discussion time

Online relationships can complement and support meaningful, in-person relationships.

Can you think of any reasons why online relationships are unlikely to be a good substitute for high-quality in-person relationships?

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Here are some other ideas!

Can you think of any more?

In-person friendships build trust through time together

It's harder to read tone and body language online

Online friends may not be who they say they are

In person, you can play, laugh and share activities together

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Watch the video clip!

Let's watch the Making Friends Online video.

Before we make our decision, we will return to this lesson guide to discuss what is happening.

Note to teacher: minimise this lesson guide and play the video from the module screen.

ONLINE CHAT

- SAM IS ONLINE
- THEO IS ONLINE
- CONNOR IS ONLINE

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Discussion time

Now that you've watched the first part of the video, as a class, small group, or in pairs, discuss the following:

- What is happening in the clip?
- What might Sam be thinking and feeling in this situation?
- Why do you think Sam wants to meet his online friend?
- How else could Theo help Sam stay safe?

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Decision time!

Return to the video to make your decision.

What choice do you think the characters should make?

ONLINE CHAT

- SAM IS ONLINE
- THEO IS ONLINE
- CONNOR IS OFFLINE

5pm. I'll send you my address in a bit.

Theo?

Okay, Sam you are still going to come yeah?

Ok. I'll send you my address later. I have to go and get dinner now.

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Discussion time - Not the best choice for all

As a class, small group, or in pairs, discuss the following:

- Why did Sam make this decision?
- What might Sam be thinking and feeling now?
- Why do you think Connor pretended to be a young boy online?
- What should Sam do next?

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Discussion time - Best choice for all

As a class, small group, or in pairs, discuss the following:

- Why did Sam make this decision?
- What might Sam be thinking and feeling now?
- How do you think Connor is feeling?
- What could Sam do to make sure he stays safe when playing online?

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Did you make the best choice for all the characters?

More activities

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Discussion time

In the Making Friends Online video, Connor is a man pretending to be a young boy online.

As a class, small group, or in pairs, discuss the following:

Is it only men who could pretend to be someone they are not online?

Who else might contact young people online and pretend to be someone they are not?

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Discussion time

Some of the apps we looked at earlier have age restrictions and we should not use these until we are old enough.

As a class, small group, or in pairs, discuss the following:

Why do you think we have age restrictions?

Do you know what the age restrictions are for each of the apps we've looked at? *You may need to research these.*

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Activity time!

Complete the activity

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Here are some other ideas!

Can you think of any more?

	13+		13+		13+
	13+		13+		18 or parental consent
	13+		13+		18 or parental consent
	16		13+		

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Discussion time

Age restrictions are there to help keep you safe when using games, apps, films, or websites.

They are not there to spoil your fun, but to protect you from things that might be upsetting, confusing, or harmful.

By following age restrictions, you give yourself the chance to enjoy safe, positive experiences online and avoid things that could upset you or make you feel uncomfortable.

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Discussion time

As a class, small group, or in pairs, discuss the following:

If in the future we want to meet someone in real life, who we have met online, what should we do?

Who should we speak to? How can we keep ourselves safe?

What could we do if we are worried about someone else's online activity?

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Activity time!

Complete the activity

Making Friends Online

Complete the sentences below.

If I am contacted online by somebody I do not know, I should...

If I am contacted online by somebody I do not know, I shouldn't...

If I meet someone online and want to meet them in person, I should...

If I am worried that somebody I know is putting themselves in danger online, I should...

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Return to the activity!

Is there anything you'd like to change?

(Make changes in a different colour to highlight your learning)

What's That App?

These apps can be used to talk, text and send friendly messages. How many can you learn without checking on a phone or tablet?

Email Messenger

WhatsApp Instagram

Twitter YouTube

Facebook TikTok

Snapchat

Below are some gaming consoles that let you talk to friends online. Can you name them?

Xbox PlayStation

Nintendo

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Discussion time

It might seem exciting to use apps made for older children or adults, but there will be plenty of time for that when you are older.

For now, it is important to keep yourself safe and protected online. If you are ever worried about something you see or hear on the internet, talk to a trusted adult.



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Great work everyone!

Well done, you have finished the Making Friends Online topic!

You may wish to complete the extension activities.



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Extension Activity

As a class, create a booklet or wall display about staying safe online for the younger students in your school.

Try to include the information you have learnt throughout this module, such as age restrictions and recommendations.

For more information on how to keep safe, visit the websites on the following slide.



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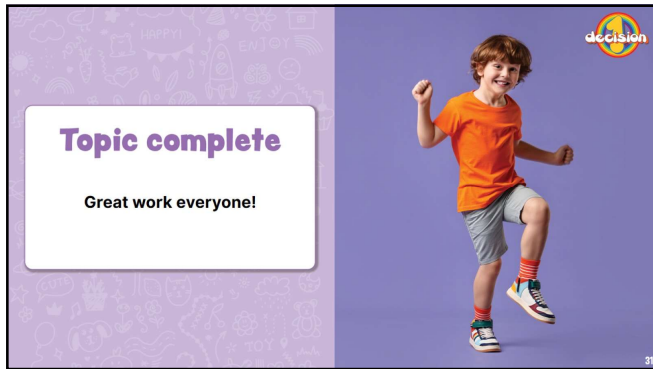
Extension Activity

<https://www.ceop.police.uk/safety-centre/>
<https://www.internetmatters.org/>
<https://www.saferinternet.org.uk/>
<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>
<https://www.getsafeonline.org/safeguarding-children/>
<http://www.childnet.com/>



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